



## Effects of *Trypanosoma brucei* Infection on Haematological Profile, Testosterone Level, and Oxidative Stress Status in Wistar Rat (*Rattus norvegicus*)

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### ABSTRACT

*Trypanosoma brucei brucei* is associated with a number of disease conditions in cattle which has caused a huge loss to the agricultural sector. In this study, male Wistar rats were experimentally infected with *T. b. brucei* to observe changes in haematological profiles, serum testosterone level, and oxidative stress in the testicles. Group I was not infected, group II and III were infected intraperitoneally with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  doses of *T. b. brucei* respectively. Mean PCV, RBC, Hb, and MCV of group II and III decreased progressively, culminating in anaemia when compared with the control group. However, there was a significant ( $p < 0.05$ ) increase in total leucocyte count of group II and III. The testosterone level evaluated in serum using Enzyme-Linked Immunosorbent Assay showed a significant decrease from group II to III. Still, the control group had the highest level of serum testosterone. Biomarkers of oxidative stress, such as Malondialdehyde (MDA), significantly increased in the infected groups. At the same time, reduced Glutathione (GSH), Catalase (CAT) and Superoxide dismutase (SOD) activities were statistically reduced in the testicles of experimental animals. The result suggests that oxidative stress in testicles may be related to the pathology in the testes of rats infected with the parasite.

**Keywords:** Oxidative stress, Trypanosomosis, Haematology, Pathology, Testosterone

### INTRODUCTION

*Trypanosoma brucei brucei* is a protozoan parasite and one of the causative agents of Animal African Trypanosomosis (Ponte-Sucre, 2016). Other parasites of the same genus responsible for similar disease conditions are *Trypanosoma congolense* and *Trypanosoma vivax* (Spickler, 2018). *Trypanosoma b. brucei* is the major cause of African trypanosomosis in several countries in sub-Saharan Africa, and these countries are marked as poorly developed countries in the world. The parasite infects large ruminants such as cattle and game animals, causing a form of trypanosomosis called 'Nagana', and it hinders agriculture and economic progress thereby contributing to

the extreme poverty observed in affected areas (Odediran, 2018).

The clinical symptoms that occur in animal trypanosomiasis are abnormal haematological profile, emaciation, intermittent fever, edema, neurosis, abortion, decreased fertility, genital disorders, and death (Desquesnes *et al.*, 2022). Infection by the parasite causes reproductive issues in male animals, and the associated infertility is linked to the local inflammatory response from immune cells such as macrophages and T-lymphocytes in the lumen of the epididymal ducts of the testis (Carvalho *et al.*, 2018).



Oxidative stress refers to the imbalance between free radicals and antioxidants present within host tissues (Dabo *et al.*, 2019). This condition has been implicated in several mechanisms of pathogenesis of reproductive dysfunctions in humans, other than in animal or livestock models (Ribas-Maynou and Yeste, 2020). It has long been known that reactive oxygen and nitrogen species are the major culprits behind oxidative stress in response to parasitic infections that also affect the host (Dabo *et al.*, 2019). The aim of this study was to determine the effect of different dose of *T. b. brucei* parasite on body weight and rectal temperature, parasitaemia, haematological profile, serum testosterone level and hepatic biomarkers of oxidative stress in experimental Wistar rat.

## MATERIALS AND METHODS

### Ethical Statement and Laboratory Animal Maintenance

The experimental methodology and animal care were done per the guidelines of animal welfare committee, Ahmadu Bello University, Zaria, Kaduna State. Male Wistar rats were sourced from the Department of Human Anatomy, Faculty of Human Medicine, Ahmadu Bello University Zaria. The animals were housed in a neat iron cage and adequately fed at all time with molded chicken grower's marsh.

### *In vivo* Experimental design

The Nigerian Institute of Trypanosomiasis Research (NITR), Kaduna, Nigeria provided a Wistar rat with *T. b. brucei* that served as the parasite donor. Fifteen (15) male Wistar rats were laid out in a complete randomized design (CRD) of five rats each. Group I was the control group and was uninfected, while Group II and III (treatment groups) were inoculated with 2ml of blood from donor rat and normal saline containing  $0.75 \times 10^6$  and  $1.0 \times 10^6$  doses of *T. b. brucei*, respectively. Rapid matching technique of Herbert and

Lumsden (1976) was used to estimate the inoculum.

### Assessment of Clinical Signs

The clinical symptoms evaluated in this study were body weight and rectal temperature and they were assessed every two days using a weighing scale and clinical digital thermometer respectively.

### Evaluation of Parasitaemia

Parasite count was estimated using the "Rapid Matching" as described by Herbert and Lumsden (1976). The haemoflagellates parasites was counted per microscopic field and compared with the logarithmic values of the respective counts on a reference table. The values were converted to antilog to provide absolute number of trypanosomes per ml of blood.

### Assessment of Haematological Parameters

The packed cell volume was determined every other day from the second-day post-infection to the end of the experiment using the method of Coles (1986). Haemoglobin (g/dl) was estimated by calculation and its value approximates to one-third (1/3) of the PCV value (Coles, 1986). The Huxtable (1990) approach was utilized to ascertain the overall Red Blood Cell (RBC) and White Blood Cell (WBC) count. Other absolute values of haematological parameters such as Mean Corpuscular Volume (MCV), Mean Corpuscular Haemoglobin (MCH) and Mean Corpuscular Haemoglobin Concentration (MCHC) were calculated using these formulars:

$MCV (\mu m^3) = PCV \text{ value } (\%) \times 10 / \text{red blood cell count } (\text{cells}/\text{mm}^3),$

$MCH (\text{Pg}/\text{cell}) = \text{Estimated haemoglobin concentration } (\text{g}/100\text{mL}) \times 10 / \text{red blood cell count } (\text{cells}/\text{mm}^3),$

$MCHC (\text{g}/100\text{mL}) = \text{Estimated haemoglobin concentration } (\text{g}/100\text{mL}) \times 100 / PCV \text{ value } (\%).$

## Evaluation of Testosterone hormone

The Wistar rats were anaesthetized using chloroform at the end of the experiment and blood was collected from the heart into plain bottles and centrifuged at 1000rpm for 15minutes. The testosterone level was determined in the serum using AccuBind ELISA microwell assay kit.

## Evaluation of Lipid Peroxidation and Bioactivity of Antioxidants

The testes of experimental Wistar rats preserved in formalin were rinsed properly with distilled water and 5g of tissue was weighed and later squashed with mortar and pestle after which the tissue was homogenized in cold phosphate buffer and centrifuged at 300rpm for 10 minutes. The resulting supernatant was dispensed into plain bottles and stored at  $-4^{\circ}\text{C}$  prior to analysis. The liver homogenate was used to determine the bioactivity catalase (Abei, 1974), superoxide dismutase (Fridovich, 1989), reduced glutathione (Ellman, 1959) and the extent of lipid peroxidation through the estimation of the level of malondialdehyde (Akanji *et al.*, 2009).

## Data Analysis

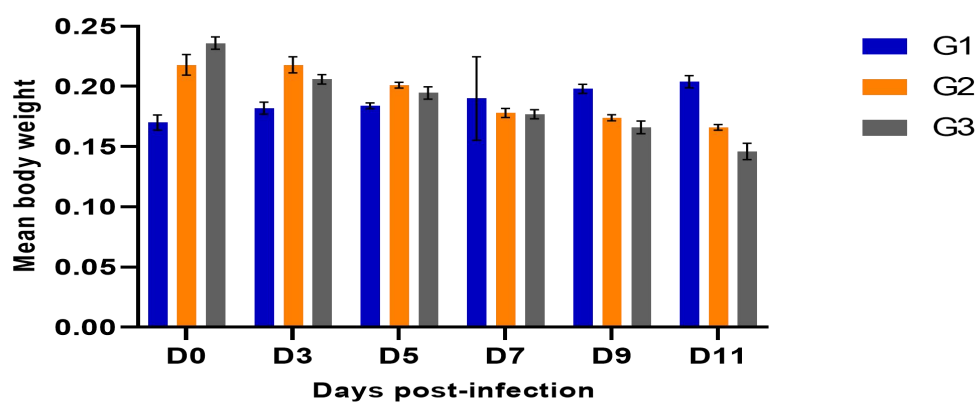
The statistical difference in the serum testosterone, haematological parameter,

rectal temperature, weight, and oxidative stress markers in the *in vivo* test was determine using One-way Analysis of Variance (ANOVA). Least Significant Difference (LSD) was used to separate the means where significant. Data was represented in tables, bar chart and line graph. Statistical Analysis Software package (version 9.3) for windows was used for the analysis while significance was set at  $p < 0.05$ .

## RESULTS

### Clinical Observations

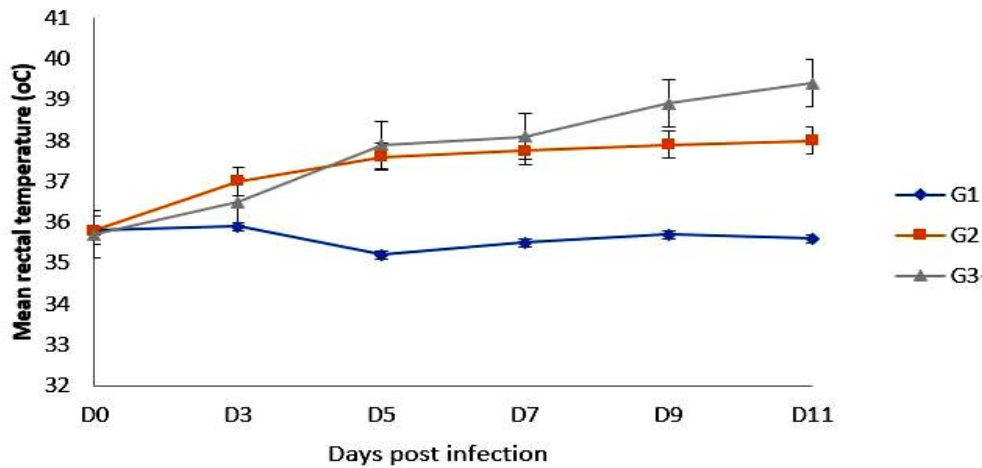
The mean body weight of experimental Wistar rats is shown in Fig 1. For Day 0 post-infection, the body weight of the randomly assigned Wistar rats in control group was significantly ( $p < 0.05$ ) lower than group 2 and 3. The mean body weight of animals in the infected groups kept reducing but was still significantly ( $p < 0.05$ ) higher than the control up till day 3 post-infection. The mean body weight of the infected groups was reduced significantly ( $p < 0.05$ ) than the control group on day 5 and 6 post-infection. The rectal temperature of experimental animal is presented in Fig 2. There was a marked significant ( $p < 0.05$ ) increase in mean rectal temperature of infected groups compared to the control group from day 5 to day 11 post-infection.



**Figure 1:** Mean body weight of experimental Wistar rats

**NOTE:** Data are expressed as mean  $\pm$  SEM, n=5

Keys: G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively.



**Figure 2:** Mean rectal temperature of experimental Wistar rats

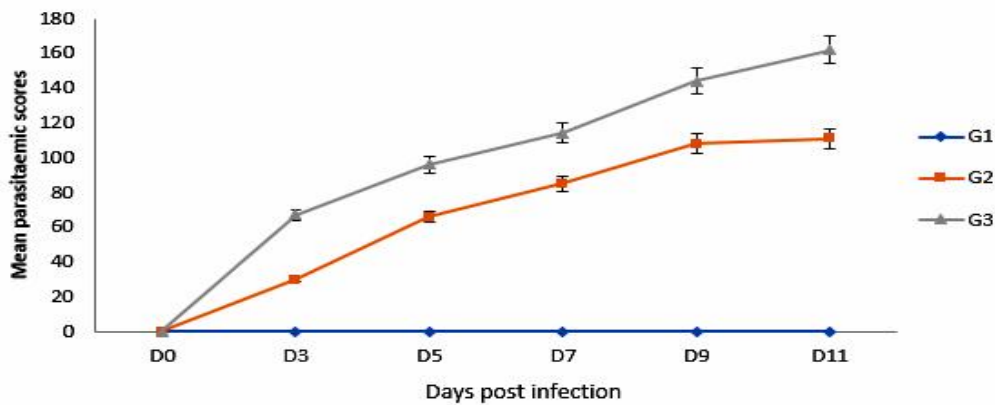
**NOTE:** Data are expressed as mean ± SEM, n=5

Keys: G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively.

### Parasitaemia in Infected Wistar Rats

The parasites were first observed in the peripheral circulation using wet mount by day 3 post infection (p.i.) in the infected

Wistar rat with a low parasitaemic score. The number of the circulating flagellates increased progressively over time up to day 11 post-infection, when the parasitemia was the highest within rats in group three (Fig 3).



**Figure 3:** Mean parasitaemic scores of experimental Wistar rats

**NOTE:** Data are expressed as mean ± SEM, n=5

Keys: G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively

### Haematological Profile of Infected Wistar rats

The result of the haematological parameters shown in Table 1 reveals that group II and III had a decrease in the level of PCV, RBC, HB, MCV at the end of the experiment when

compared with the control group (group I). There was observed increase in the level of WBC in group II and III when compared with the control group (Table 1). However, statistics suggest no significant difference in the treatment groups' haematological parameters except WBC at  $p < 0.05$ .

**Table 1:** The haematological parameters of infected and control Wistar rats

Parameters	G1	G2	G3	p-value
PCV (%)	44±0.87 <sup>a</sup>	39.5±4.29 <sup>b</sup>	35.25±5.39 <sup>c</sup>	0.042
HB (g/100mL)	14.75±0.41 <sup>a</sup>	13.17±1.43 <sup>b</sup>	11.75±1.80 <sup>c</sup>	0.031
WBC (cells/mm <sup>3</sup> )	9.59±0.13 <sup>b</sup>	10.83±0.22 <sup>a</sup>	10.92±0.39 <sup>a</sup>	0.012
RBC (cells/mm <sup>3</sup> )	4.82±0.02 <sup>a</sup>	4.60±0.09 <sup>ab</sup>	4.32±0.20 <sup>b</sup>	0.045
MCV (um <sup>3</sup> )	10.54±1.53 <sup>a</sup>	8.54±0.87 <sup>b</sup>	8.05±0.89 <sup>b</sup>	0.31
MCH (Pg/cell)	27.46±2.85 <sup>a</sup>	28.68±2.87 <sup>a</sup>	26.81±2.95 <sup>a</sup>	0.89
MCHC (g/100mL)	33.35±0.02 <sup>a</sup>	33.33±0.004 <sup>a</sup>	33.33±0.005 <sup>a</sup>	0.54

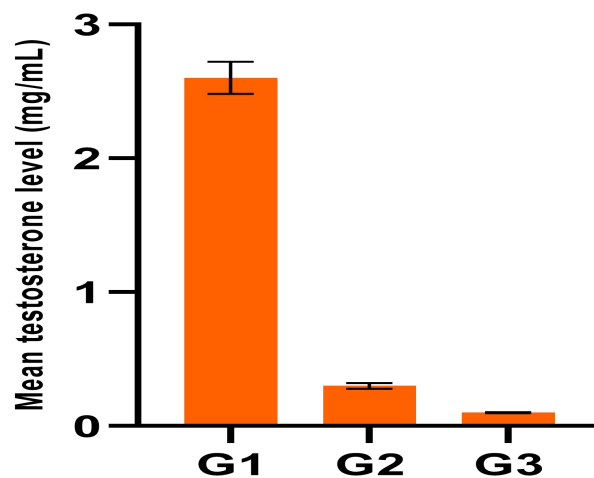
**NOTE:** Data are expressed as mean ± SEM, n=5

Keys: G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively, PCV=Packed Cell Volume, MCH=Mean Corpuscular Haemoglobin, HB=Haemoglobin Concentration, MCHC=Mean Corpuscular Haemoglobin Concentration, WBC=White Blood Cell Count, RBC=Red blood Cell count, MCV=Mean Cell Volume, means with

different superscript within a row are statistically significant at  $p < 0.05$ .

### Serum Testosterone in Infected Wistar rats

The serum testosterone concentrations of groups II and III decreased significantly ( $p < 0.05$ ) at the end of the experiment when compared with the control group I. The animals in group III had the lowest level of serum testosterone (Fig 4).



**Figure 4:** Serum testosterone concentration of experimental animals

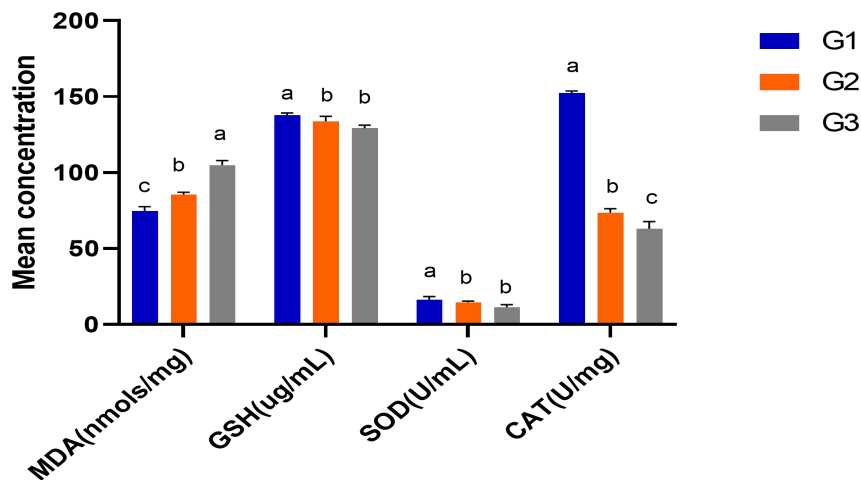
**NOTE:** Data are expressed as mean ± SEM, n=5

Keys: G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively.

### Biomarkers of Oxidative Stress in Infected Wistar rats

Lipid peroxidation was greater in reproductive tissue of group II ( $85.5 \pm 1.574$  nmols/mg protein) and III ( $104.5 \pm 2.89$  nmols/mg protein) as evidenced by their elevated MDA levels in comparison

to the control group ( $74.7 \pm 2.899$  nmols/mg protein) that showed a low level of MDA value (Fig. 4.5). Significantly lower level ( $p < 0.05$ ) was observed in the archive of SOD, Catalase, reduced Glutathione in the testicles of group II and III when compared with the control group (Fig 5).



**Figure 5:** Mean concentrations of malondialdehyde, reduced glutathione, superoxide dismutase and catalase in testes of experimental rats

**NOTE:** Data are expressed as mean ± SEM, n=5

Keys: statistical analysis performed amongst G1(Control group), G2 and G3 are groups infected with  $0.75 \times 10^6$  and  $1.0 \times 10^6$  dose of the parasite respectively, groups with different letters on bars are statistically significant at  $p < 0.05$ .

### DISCUSSION

This experimental study observed a decrease in body weight in Wistar rats infected with *T. b. brucei* and the reduced body weight may be due to anorexia caused by the interference in energy either by the parasite or Tumor Necrosis Factor-alpha (TNF- $\alpha$ ) released by the immune system (Fidelis Junior *et al.*, 2016). A similar symptom occurred in guinea fowl and rabbit experimentally infected with the same parasite (Oyeyemi and Adeyemo, 2022). The observed decrease in rectal temperature of the infected rats upon inoculation is consistent with *T. brucei* parasite in sheep (Wada *et al.*, 2016). The release of pro-inflammatory cytokines caused by the activities of the hemoflagellate in the blood circulation and body tissues is suggested to be related to the increased temperature observed (Fidelis Junior *et al.*, 2016).

The pre-patent period in this present study was three days in all infected rats, which

coincides with that observed by Nwoha and Anene (2016). The parasite showed parasitic waves, which may be associated with the uncontrolled proliferation of the trypanosomes. The characteristic nature of the parasitemia may be influenced by the ability of the haemo-parasites to circumvent the immune system of the host through variable surface antigens (Rufa'i *et al.*, 2021).

This study has demonstrated a decrease in Red Blood Cell, Packed Cell Volume, Haemoglobin, and Mean Corpuscular Volume of the infected animals and may be linked with an increase in lipid peroxidation during the infection without sufficient antioxidant enzymes to prevent the damage. This is in accordance with the findings of Mahmood *et al.* (2014), who studied haematological and biochemical profile of camels naturally infected by *Trypanosoma evansi*. The increase in number of leukocytes may be due to an increase in a subtype of leukocyte called eosinophilia, a common feature of most parasitic diseases often associated with hypersensitivity or inflammatory reactions (Sivajothi *et al.*, 2014).

The reduced serum testosterone of the infected groups complies with the findings of Amin *et al.* (2020) on the pathogenesis of *Trypanosoma evansi* in male dromedary bulls. Testosterone is a natural steroidal hormone that is responsible for the development of male sexual attributes (Verhoeven *et al.*, 2010), and trypanosomiasis infection impairs the axis of the endocrine system that controls the production of this hormone (Noakes *et al.*, 2009). The mechanism includes testicular oxidation, which leads to a reduction in testosterone production, either due to injury to the Leydig cells or endocrine structures such as the anterior pituitary (Zirkin and Chen, 2000; Turner *et al.*, 2005).

Infection with *Trypanosoma b. brucei* in rats generates oxidative stress; evidenced by the increase in the level of MDA and the decrease in the level of antioxidant enzymes, which are biomarkers of oxidative stress in the testicles of infected animals, further indicates that *T. b. brucei* induces oxidative stress in the testes. A similar result was observed in the liver of albino rats infected with *T. brucei* but not treated (Ogunleye *et al.*, 2020). The parasite accumulates in large numbers in organs, including the testes (Carvalho *et al.*, 2018), which is indicative of the accumulation of MDA in tissue, resulting in oxidative stress and damage (Pawłowska *et al.*, 2024).

## CONCLUSION

*Trypanosoma b. brucei* infection causes a decrease in body weight and rectal temperature with an increased level of parasitaemia if left untreated. The infection is also detrimental to the haematological profile in Wistar rat models. *Trypanosoma brucei brucei* infection results in low serum testosterone levels in Wistar rat models, hence an important cause of animal infertility. *Trypanosoma b. brucei* infection induced oxidative stress in the testicles of Wistar rat, as evident in the increased level

of malondialdehyde and reduced antioxidant enzyme level.

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