



## EFFECT OF QUERCETIN AND ITS 7-METHOXY DERIVATIVE ON THE ANTIBACTERIAL ACTIVITY OF CIPROFLOXACIN IN SOME SELECTED BACTERIA

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### Abstract

Infectious diseases account for approximately one-half of all deaths in tropical countries and the rate at which antibiotic resistant bacteria emerge is not matched by the rate of development of new antibiotics to combat them. Flavonoids is an important class of compounds with diverse biological activities which include interesting areas such as anti-oxidant, anti-aging, anti-cancer, anti-bacterial and anti-viral. The aim of this study is to determine the potential synergistic effect of Quercetin and 7-methoxyquercetin on antibacterial activity of Ciprofloxacin. Agar well diffusion method according to the National Committee for Clinical Laboratory Standard (NCLSI, 2011) was adopted for the study and organisms tested include: Vancomycin resistant *Staphylococcus aureus* (VRSA), methicillin resistant *Staphylococcus aureus* (MRSA), *Bacillus substilis*, *Salmonella typhi*, *Klebsiella pneumonia* and *Escherichia coli*. The compounds Quercetin and 7-methoxyquercetin potentiate the antimicrobial activity of 15 µg/ml ciprofloxacin (zone of inhibition ranging from 32-37 mm) as against ciprofloxacin (30 µg/ml) alone (zone of inhibition ranging from 30-32 mm). The above findings suggest that the compounds can be used to enhance the antibacterial activity of ciprofloxacin

Keywords: Antibacterial, synergy, Ciprofloxacin, Quercetin, 7-methoxyquercetin.

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### Introduction

Infectious diseases account for approximately one-half of all deaths in tropical countries (Iwu, *et al.*, 1999). This may be due to poverty, increasing incidence of multiple drug resistance and side effects associated with currently available antimicrobials. The increasing phenomenon of acquisition of resistance among microorganisms to antimicrobial drugs is attributed to the indiscriminate and improper use of current antimicrobial drugs (Usha *et al.*, 2010). The rate of

emergence of antibiotic resistant bacteria is not matched by the rate of development of new antibiotics to combat them (Prescott and Klein, 2002). The steadily increasing bacterial resistance to existing drugs is a serious problem, and therefore there is a dire need to search for new classes of antibacterial substances, especially from natural sources. Unlike synthetic drugs, antimicrobials of plant origin are not associated with side effects and have a great therapeutic potential to heal many infectious diseases (Chanda *et al.*, 2010; Habba *et al.*, 2011). An



alternative therapy to treat antibiotic resistant microorganisms is the use of plant extracts. Drugs derived from natural sources play a significant role in the prevention and treatment of human diseases. There are several reports on the antimicrobial activity of different plant extracts that were effective antimicrobials (Vaghasiyaet *al.*, 2008; Fisginet *al.*, 2009; Jeonget *al.*, 2009; Darwish and Aburjai, 2010; Yoon *et al.*, 2011). There are many advantages of using antimicrobial compounds from medicinal plants, such as fewer side effects, better patient tolerance, less expensive, acceptance due to long history of use, and being renewable in nature (Guret *al.*, 2006) and also higher plants represent a potential source of novel antibiotic prototypes (Parekh and Chanda, 2007).

The need of the hour is to develop still newer, useful and important antimicrobial agents (Sharma and Kumar, 2006; Negi and Dave, 2010); or new ways to treat the resistant microorganisms. An alternative approach is the use of combination therapy i.e. synergism between known antibiotics and bioactive plant extracts or the bioactive compounds isolated from plants. Flavonoids continue to capture the interest of scientists from different disciplines because of their structural diversity, biological and ecological significance (Williams and Grayer, 2004). Their diverse biological activities include interesting areas such as anti-oxidant, anti-aging, anti-cancer, anti-bacterial and anti-viral (Chen *et al.*, 2002).

In our previous work, we reported the isolation and characterization of the compounds (sadaet *al.*, 2016). This study is aimed at investigating the effect of the compounds on the antibacterial activity of ciprofloxacin.

## Methodology

### Plant

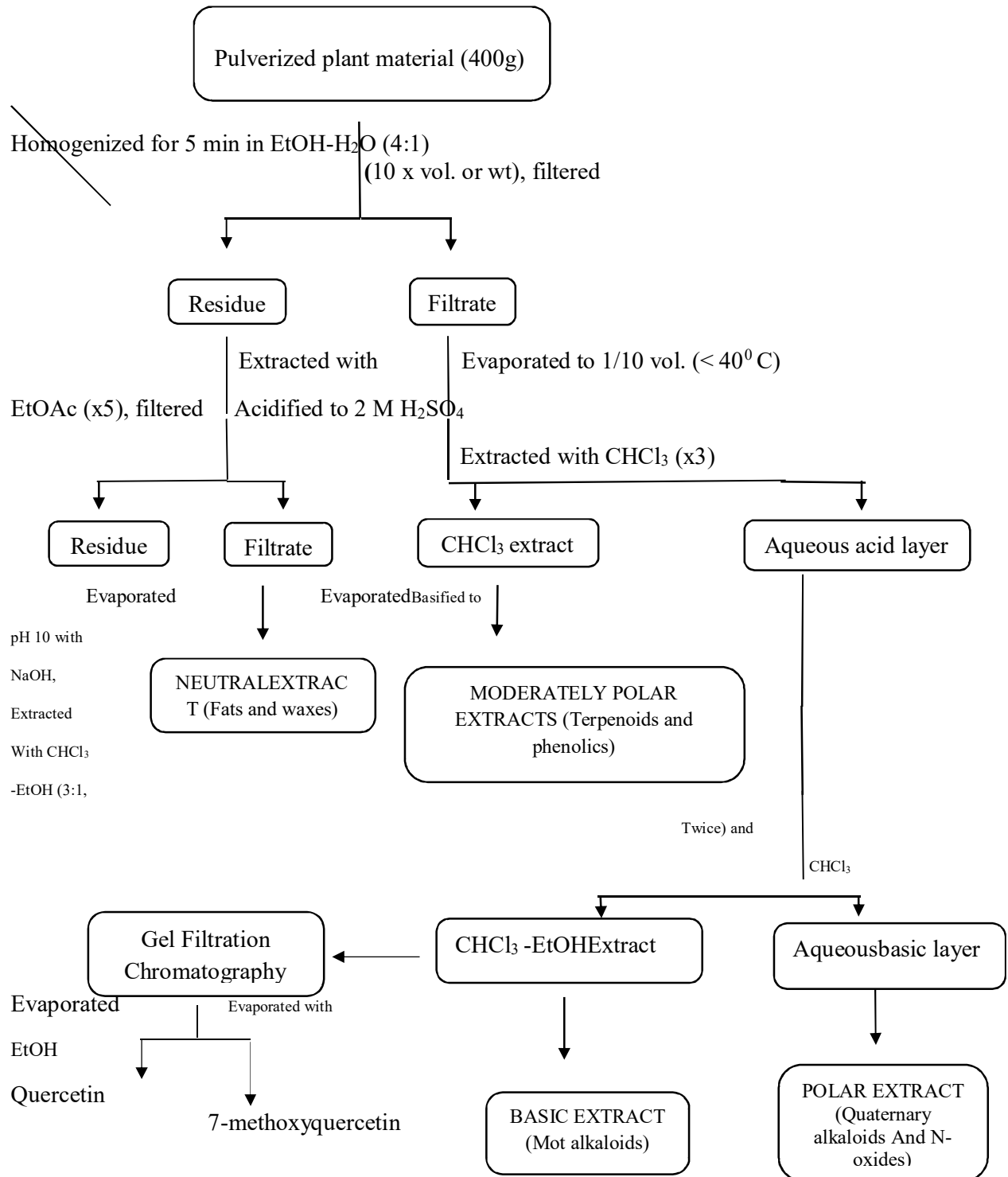
The plant sample, *Globimetulaoreophila* was collected around Area BZ, Ahmadu Bello University, Zaria staff quarters. The plant was authenticated by NamadiSunusi of the Herbarium unit, Department of Biological Sciences, Ahmadu Bello University Zaria-Nigeria by comparing with an existing specimen with voucher number 2839. The plant material was air-dried and pulverised into powder using pestle and mortar.

### Test Organisms

The microorganisms tested include Vancomycin resistant *Staphylococcus aureus* (VRSA), methicillin resistant *Staphylococcus aureus* (MRSA), *Bacillus subtilis*, *Salmonella typhi*, *Klebsiella pneumonia* and *Escherichia coli*. Clinical isolates of the organisms were obtained from the Department of Pharmaceutics and Pharmaceutical Microbiology, Ahmadu Bello University, Zaria, Nigeria.

### Extraction

Polarity Based Extraction (PBE) method described by Harborne, 1983 was adopted with some modification (Figure 1).



**Figure 1:** General Procedure for extracting plant tissues and fractionating into different classes according to polarity (Harborne, 1983)



Four extracts were obtained; the ethyl acetate (EA= 7.0g), Chloroform (CHL= 7.5g), Chloroform- ethanol (CE=1.14g) and ethanol (EE=15.6g).

### Combination Effect

Combination effect of the compounds with Ciprofloxacin was determined according to the National Committee for Clinical Laboratory Standard (NCLSI, 2011). A volume of 50µl of Quercetin and 7-

methoxyquercetin from a stock solution (0.1 mg/ml) was combined with 50µl of Ciprofloxacin that has already been prepared from stock solution (30 µg/ml) and added to each well. The plates were incubated at 37°C for 18-24 hrs. Synergistic effect was considered when combinations of the extracts with ciprofloxacin exhibited enlargement of combined inhibition zone diameter size by 0.5mm (Ahmad and Aqil, 2007).

## Results

### Combination Effect

The result of combination therapy of the compounds with ciprofloxacin is as shown in Table 1 and 2

**Table 1:** Zones of inhibition of the synergistic effect of Quercetinwith Ciprofloxacin

Organism	Concentration of compound (mg/ml) + Ciprofloxacin (µg/ml)	
	QUERCETIN (0.05) + CP (15)	CP (30)
<i>B. subtilis</i>	35	30
<i>E. coli</i>	37	32
<i>K.</i>	36	30
<i>pneumoniae</i>	35	32
MRSA	35	30
VRSA	35	30
<i>S. typhi</i>		

CP= Ciprofloxacin, MRSA= Methicillin resistant *Staphylococcus aureus* and VRSA= Vancomycin resistant *Staphylococcus aureus*.



Table 2: Zones of inhibition of the synergistic effect of 7-methoxyquercetin with Ciprofloxacin

Organism	Concentration of compound (mg/ml) + Ciprofloxacin (µg/ml)	
	7-METHOXYQUERCETIN (0.05) + CP (15)	CP (30)
<i>B. subtilis</i>	32	30
<i>E. coli</i>	35	32
<i>K. pneumoniae</i>	32	30
MRSA	34	32
VRSA	35	30
<i>S. typhi</i>	35	30

### Discussions

The compounds showed potent synergistic activity with ciprofloxacin against the tested organisms. The combinations of the compounds with Ciprofloxacin exhibited enlargement of combined inhibition zone diameter size by not  $<0.5$ mm. Quercetin and 7-methoxyquercetin potentiates the antimicrobial activity of 15 µg/ml ciprofloxacin (zone of inhibition ranging from 32-37 mm) as against ciprofloxacin (30 µg/ml) alone (zone of inhibition ranging from 30-32 mm). A number of methoxylated flavones (Stermitz *et al.*, 2002) and isoflavones (Morel *et al.*, 2003) that potentiate the activities of berberine and the synthetic fluoroquinolone antibiotic norfloxacin have been described. In fact, the compounds showed strong synergistic effect with ciprofloxacin even when they do not have any activity against the tested organisms on their own. Plant antimicrobials have been found to be synergistic enhancers in that though they may not have any antimicrobial properties

alone, but when they are taken concurrently with standard drugs they enhance the effect of that drug (Kamouto *et al.*, 2006).

### Conclusion

From the above findings, it can be concluded that quercetin and 7-methoxyquercetin isolated from *Globimetulaoreophilaca* can be used to enhance the antibacterial activity of ciprofloxacin.

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